



# Brunssum FMWR November 2022



NOVEMBER IS  
**MILITARY FAMILY**  
- APPRECIATION MONTH -

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dinovember @Library		1	2 Pound It Out 4PM @The HUB	3 Interviews & Dressing for Success Name it to Tame it- Exploring Emotions 10AM Newborn Network 2PM @ACS	4 Momma Fit 9:30AM @The HUB  OPOC/VMIS Training 2PM (Walk-In or On Request) Walking Tour (On Request) @ACS	5
6	7	8 Beginning the Resume 11AM @ACS	9 Pound It Out 4PM @The HUB -ACSEPC Informational Brief 11AM @ACS	10 Spouse Get Together 12PM @Dulmen (ACS)	11 <b>Veterans Day</b>  OPOC/VMIS Training 2PM (Walk-In or On Request) @ACS	12
13	14 Let's Talk about Sex 11AM @ACS	15 The Self-Centered Marriage 9AM Stress Management 10AM Reviewing & Editing Resume 11AM @ACS	16 Pound It Out 4PM @The HUB  The Stars are Lined Up for Military Spouses 10AM @ACS	17 Newcomers & Spouse Newcomers Orientation 8:30AM @ACS	18 Cultural Tour 8:30AM OPOC/VMIS Training 2PM (Walk-In or On Request) @ACS  Momma Fit 9:30AM @The HUB  Movie On the Lawn Night 6PM @CYS	19 Paris Express 4AM @The HUB
20	21	22 Spouse Sponsorship Training 9AM Sponsorship Training 10AM Finalizing your Resume 11AM @ACS	23 Pound It Out 4PM @The HUB	24 <b>Thanksgiving Day</b>	25 Momma Fit 9:30AM @The HUB  OPOC/VMIS Training 2PM (Walk-In or On Request) @ACS	26
27	28	29	30 Pound It Out 4PM @The HUB			

For more information, visit: [brunssum.armymwr.com](http://brunssum.armymwr.com)

DATES ARE SUBJECT TO CHANGE

