



February is  
**AMERICAN  
HEART  
MONTH**

# Brunssum FMWR February 2023



| Sunday | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday                            |
|--------|--|--|--|---|--|-------------------------------------|
|        |  | CYS Baseball Registration Feb 6 - Mar 10   | 1 Employment Networking/ Online Resources/ Self-Marketing 9:30AM@ACS | 2 Senior Leaders Domestic Violence 9:30AM Assertiveness Training 10:AM Dressing for Success 10AM @ACS | 3 Momma Fit 9:30AM @The Hub Launching Hope Teen Parent Workshop 2PM@ACS  | 4                                   |
| 5      | 6 AFE TOUR - Pro Blitz 6PM @The Hub  | 7 Permanent Change of Station 9AM Beginning Resume Training & Job Search 10AM @ACS   | 8 EPC Informational Brief 11AM@ACS                                   | 9   | 10 Momma Fit 9:30AM @The Hub Launching Hope Teen Parent Workshop 2PM@ACS Parents Night Out 6:30PM@CYS                            | 11                                  |
| 12     | 13   | 14 Vesting in the TSP 9:AM Editing Resume Training 10AM @ACS   | 15 Ten Steps to a Federal Job 9:30AM @ACS                            | 16  | 17 Momma Fit 9:30AM @The Hub Launching Hope Teen Parent Workshop 2PM@ACS   | 18 Luxembourg Day Trip 7AM @The Hub |
| 19     | 20 PRESIDENT'S DAY CARNIVAL HOLIDAYS The Hub&Fitness Center Closed (24/7 open) | 21 Continuation Pay 9AM Completing Resume Training/ Stress Management 10AM@CYS Carnival Climb Camp 7AM@MST Carnival Break Week 7AM@SAC | 22 Carnival Climb Camp 7AM@MST Carnival Break Week 7AM@SAC           | 23 Carnival Climb Camp 7AM @MST Carnival Break Week 7AM @SAC  | 24 Momma Fit 9:30AM @The Hub Carnival Climb Camp 7AM@MST Carnival Break Week 7AM@SAC Launching Hope Teen Parent Workshop 2PM@ACS | 25                                  |
| 26     | 27   | 28 Promotion 9AM @ACS  |  |   |  |                                     |

For more information, visit: [brunssum.armymwr.com](http://brunssum.armymwr.com)

DATES ARE SUBJECT TO CHANGE

