



**DOMESTIC
VIOLENCE**
AWARENESS MONTH

Brunssum FMWR October 2022

**BREAST
CANCER**
AWARENESS MONTH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CYS Sports Enrollments: Snowboarding, Cheerleading Co-Ed & Junior Girls Basketball October 24 - November 25	MST Fall Break Week October 17 - 21					1
2	3	4	5 Hump Day HIIT 12PM Pound It Out 4PM @The HUB	6	7 Directorate Resiliency Day Training Holiday Momma Fit 9:30AM @The HUB	8
9	10 Columbus Day	11	12 Hump Day HIIT 12PM Pound It Out 4PM @The HUB	13	14 Momma Fit 9:30AM @The HUB	15 HUB Fall Flea Market 10AM The 4-Locks Voyage Boat Trip 10:15AM @The HUB
16	17	18	19 Hump Day HIIT 12PM Pound It Out 4PM @The HUB Babysitters Course 1PM @CYS	20 Babysitters Course 1PM @CYS	21 Momma Fit 9:30AM @The HUB Babysitters Course 1PM @CYS	22
23	24	25	26 Hump Day HIIT 12PM Pound It Out 4PM @The HUB	27	28 Momma Fit 9:30AM @The HUB Pumpkin Carving Event 3PM Scream Fest Movie Night 3:30PM @CYS	29 Halloween Movie Marathon 8:30AM @The Hub Hogwarts Halloween 12PM @Library Spooktacular 5PM @USAG Brunssum
30	31					

For more information, visit: brunssum.armymwr.com

DATES ARE SUBJECT TO CHANGE

