



MINORITY
MENTAL HEALTH
AWARENESS MONTH

Brunssum FMWR July 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				July Summer Reading Read Beyond the Beaten Path @Library	1 Momma Fit 9:30AM Tri-Border Freedom Fest 4PM @The HUB	2
3	4 Independence Day Summer Reading Program Mythical Animals Week @Library July 4-8	5 Training Holiday	6 Hump Day HIIT 12PM Pound It Out 4PM @The HUB	7	8 Momma Fit 9:30AM @The HUB	9
10	11 Painting Camp 1PM @Library July 11-15	12 CYS Youth Sponsorship "Welcome to the Netherlands" Workshop and Tour 1PM	13 Hump Day HIIT 12PM Pound It Out 4PM @The HUB	14	15 Momma Fit 9:30AM @The HUB	16 4 Locks Boat Voyage 10:15AM @The HUB
17	18 CYS Archery Enrollment Begins Summer Reading Program Flower Week @Library July 18-22	19	20 Hump Day HIIT 12PM Pound It Out 4PM @The HUB	21	22 Momma Fit 9:30AM @The HUB	23 Jurassic Park Movie Marathon @The HUB 8:30AM- 8:30PM
24	25 Science Camp 1PM @Library July 25-30	26	27 Hump Day HIIT 12PM Pound It Out 4PM @The HUB	28	29 Momma Fit 9:30AM @The HUB	30 HUB Summer Flea Market 10AM @ The HUB
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For more information, visit: brunssum.armymwr.com

DATES ARE SUBJECT TO CHANGE

